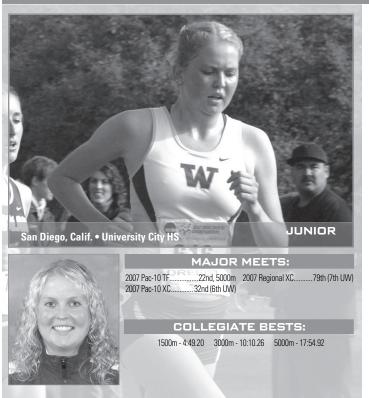
2007

MEET THE HUSKIES • Returners

BROOKE ANDERSON

NCAA REGIONAL COMPETITOR



Expected to be a strong contender for UW's top-seven \dots ran in the top-seven for the Huskies at Pac-10's and Regionals last year \dots finished 32nd overall at the 2007 Pac-10 Cross Country Championships.

2007-08: Came on strong at season's end, running a career-best 21:19 at the Pac-10 Championships, 32nd overall and sixth among Huskies ... seventh on the team (79th overall) at West Regionals in 21:58 ... placed 15th at Mike Hodges, third on the team ... also ran in the top-seven at the Sundodger, finishing 15th overall in 21:47 ... received Coaches' Award at year's end for leadership and major improvements ... selected to Pac-10 All-Academic second team ... only competed once during track season. **2006-07:** Did not compete during cross country season or indoor track season ... ran full outdoor track season, competing in 1500m, 3000m, and 5000m ... placed 22nd at Pac-10 Championships in the 5000m, clocking in at 17:54.92 ... season-best 3000m time of 10:10.26 set at the UW Outdoor Preview. **2005-06:** Redshirted the 2005-06 cross country and track seasons.

High School and Personal: Parents are Leslie and John ... younger sister, Dayna, is also on the Huskies ... four-time district champion in 5K ... placed 26th at the prestigious Roy Griak Invitational in 2004 ... also earned top-40 finishes at the Manhattan Invitational in 2003 and 2004 ... won league cross country title as a senior, and placed fourth at the CIF meet ... ran ninth at CIF in 2002 ... missed the 2003 state meet with an injury ... a two-time All-League and All-CIF honoree for cross country ... named Western League Runner of the Year in 2004 ... led team to four-year sweep of league titles, and a pair of top-10 state finishes ... earned 11 varsity letters, including four each for cross country and soccer, and three for track ... captained all three squads as a senior ... led track squad to league and CIF titles in 2004 and 2005, and led soccer team to a league title in 2004, and a CIF crown in 2003 ... a 2004 San Diego Union-Tribune first-team All-Academic honoree ... recipient of numerous area, state and national academic awards ... prep teammate of current Husky Riley Booker ... graduated with 4.67 GPA.

DAYNA ANDERSON



Looking to build on experience of three cross country races during freshman year \dots competed attached on the track both indoors and out \dots competed in the 5000-meters at the MPSF Championships and Pepsi Team Invite.

2007-08: Opened the season with 25th-place finish at the Sundodger, ninth on the squad ... ran identical times of 18:02 at the Willamette and Mike Hodges, placing among the top five Huskies at both events ... Opened track season with a 10:03.49 3000-meter time at the UW Indoor Preview ... placed 16th in the 5000m at the MPSF Championships in 17:54.02 ... competed twice outdoors, placing 15th at the Pepsi Team Invite in the 5K in a time of 18:04.67 ... competed at the U.S. Junior Cross Country Championships in San Diego in February, placing 25th in a time of 22:44.

High School and Personal: Born in San Diego, California ... parents are Leslie and John Anderson ... younger sister of Brooke Anderson, a junior on UW cross country and track teams ... competed at the US Junior Cross Country Championships, placing 28th in the 6000m ... named All-Western League all four years in cross country, all-district in 2004, and 2005 ... captained team to a fifth-place finish at state senior year ... earned Scholar Athlete Award in 2006, and Union Tribune First Team All-Academic in 2005 and 2006 ... also lettered two years in soccer and four in track ... graduated with a 4.5 GPA ... planned major is medical engineering.

ANDREA BROWN

NCAA TRACK COMPETITOR



	MAJOR	MEETS:	
2004 SEC XC	82nd (7th UK)	2007 Pac-10 XC	58th (8th UW)
2005 SEC XC	48th (6th UK)	2008 MPSF TF	7th, Mile
2005 Regional XC	108th (5th UK)		8th, 800m
2006 SEC TF	1st, DMR	2008 NCAA-I	11th, DMR
9th,	Mile; 16th, 800m		
		TE DEST	
		TE REST	5:

COLLEGIATE BESTS:

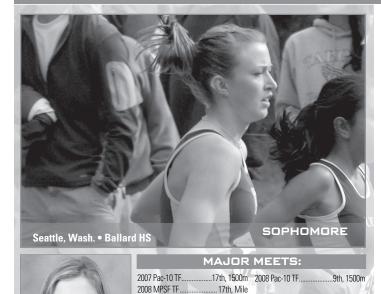
800m - 2:13.39i 1500m - 4:29.48 Mile - 4:53.60 3000m - 10:04 96

Former Kentucky transfer was impressive during 2008 indoor track season, running an NCAA Provisional time in the mile, and running the final leg for the Huskies' 11th-place DMR at NCAA Indoors ... ran four times last year during first UW cross country season, including a No. 58 finish at Pac-10's ... won three consecutive 800m state titles as a Washington prep, the first in state history to do so.

2007-08: Competed four times in cross country, twice running in UW's varsity top-10 ... finished 58th overall at Pac-10 Championships, eighth on the squad in season-best 6K time of 21:53 ... was Washington's No. 2 finisher at both the Willamette and Mike Hodges Invites, finishing in the top-15 overall at each race ... placed 37th at season-opening Sundodger had an excellent indoor track season, achieving the NCAA Provisional standard in the mile with a personal best of 4:45.94 at the UW Invitational, the 9th-best mark in school history ... competed at the NCAA Indoor Championships, running the 1600m leg of the distance medley relay as an alternate for Katie Follett, with the team finishing 11th overall ... scored in two events at the MPSF Championships, placing 7th in the mile in 4:47.70 and 8th in the 800m in 2:12.49 ... placed 11th overall in the 800m at the Pac-10 Championships in a time of 2:12.08. 2006-07: Competed just twice during the track campaign, running the mile indoors at the UW Invitational and the Husky Classic ... best time was 5:03.78 ... did not compete outdoors ... redshirted the 2006 fall season after transferring from Kentucky ... will have two years of cross country eligibility remaining. 2005-06 (Kentucky): Ran in Kentucky's top-seven throughout the 2005 season ... was sixth for the Wildcats, 48th overall, at the SEC Championships ... was fifth for Kentucky at the NCAA Southeast Regional ... placed third at the Woodford Trials, and was Kentucky's fifth runner at the prestigious Notre Dame Invitational ... was among UK's top competitors in the 800m, mile and 1500m events ... ran 4:53.41 for a mile at the SEC Indoor Championships, placing ninth ... also at SEC Indoors, led UK's distance medley relay to a conference title and was 16th in the 800m ... outdoors, ranked third for Kentucky at 800m (2:16.16) and fourth at 1500m (4:40.56). 2004-05 (Kentucky): Was Kentucky's No. 4 runner at the Woodford Trials, placing fifth overall ... was 73rd at the Stanford Invite, and 82nd at the SEC Championships ... redshirted the indoor and outdoor track seasons.

High School and Personal: Parents are Vernon and Christi Brown ... a five-time state track champion ... swept state titles at 800m in 2002, 2003 and 2004, becoming the first female in state history to do so ... also won state crowns in the 1600m and 3200m events ... won four consecutive district championships in the 800m ... set school record in the 800m with at time of 2:12.20 ... named to numerous all-state track and cross country teams.

PAC-10 TRACK COMPETITOR



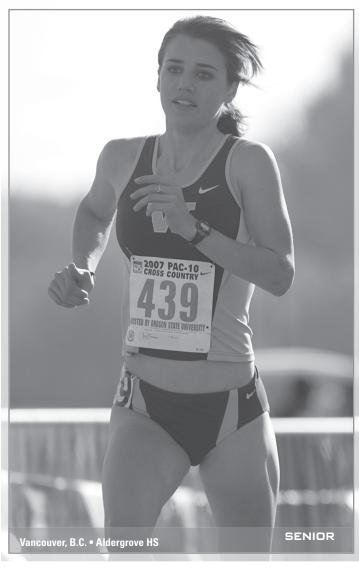
Ninth-place finisher in the Pac-10 at 1500-meters this past spring ... should contend for a spot in the Top-10 after a strong track season ... UW's top finisher at the 2007 Willamette Invite.

2007-08: Competed twice during cross country, leading the Huskies at the Willamette Invite with a third-place finish in 17:31 ... placed 31st at Mike Hodges Invite (6th UW) ... ran a full track season, highlighted by a 9th-place finish at the Pac-10 Championships in the 1500-meters in 4:32.75 \dots career-best 1500m time of 4:29.48 at the Oregon Invitational \dots lowered her personal-best mile time by seven seconds, running 4:53.60 at the Husky Classic ... set a PR in the 800m in a time of 2:13.39 at the Last Chance Qualifier. 2006-07: Competed three times in the mile indoors, with season-best time of 5:00.07 at the UW Indoor Preview ... indoor mile time ranked fifth on team ... outdoors, ran 800m and 1500m ... placed second in the 800m at the Ken Shannon Invite in 2:15.68 ... best 1500m time came at the Oregon Invitational, where she clocked 4:41.88 ... redshirted the cross country season to preserve a year of eligibility.

High School and Personal: Parents, Rana and Derek, both competed for UW's club sailing team ... has a younger brother, Brent ... one of the state's top middle-distance runners ... earned matching fourth-place finishes in the state 1600m final in both 2003 and 2005 ... swept league and district titles in the event as a freshman ... placed second in the 1600m at both the league and district meets from 2004-06, and was second in the 800m at both meets her last two seasons ... also lettered four years in soccer ... earned All-KingCo honorable mention honors on the soccer field as a junior ... graduated with a 3.96 GPA ... plans to major in biology.

ANITA CAMPBELL

NCAA ALL-AMERICAN





MAJOR	MEETS:
2005 World Jr. XC84th	2006 Regional XC 6th (1st UW)
2005 Pac-10 XC17th (2nd UW)	2006 NCAA XC89th (2nd UW)
2005 Regional XC 11th (1st UW)	2007 MPSF TF2nd, 5000m
2005 NCAA XC94th	2007 Pac-10 TF3rd, 5000m
2005 Canada Jr. XC2nd	2007 Regional TF4th, 5000m
2006 MPSF TF2nd, 5000m	2007 NCAA-019th, 5000m
2006 World Jr. XC56th	2007 Pac-10 XC 6th (1st UW)
2006 Pac-10 TF6th, 5000m	2007 Regional XC 4th (1st UW)
2006 Regional TF3rd, 5000m	2007 NCAA XC20th (2nd UW)*
2006 NCAA-021st, 5000m	2007 Canada Sr. XC8th
2006 Pac-10 XC 9th (2nd UW)	* - Indicates All-America Honor Won

COLLEGIATE BESTS:

Earned first NCAA Cross Country All-American award last year, placing 20th at NCAA's to help the Huskies to a program-best eighth-place finish ... qualified for a trip to the 2008 World Cross Country Championships with an eighth-place finish at the Canadian National Championships ... a two-time NCAA competitor at 5000-meters ... first team All-Pac-10 in 2007.

2007-08: Enjoyed historic junior season, leading the Huskies to a program-best eighth-place finish ... returned to NCAA's for third-straight year, earning first career All-American award with 20th-place finish in a time of 20:43 ... along with teammate Katie Follett, UW's first cross country All-Americans since 2001 ... ran first or second for the Huskies at every varsity race, going under 21-minutes every outing ... earned first team All-Pac-10 honors for sixth-place finish at the conference meet ... named All-West Region for fourth-place Regional finish, the best finish by a Husky since Tara Carlson was third in 1995 ... set school-record at Sundodger Invite, winning the race in 20:20 ... placed 12th overall and first on the team at Pre-Nationals, leading the Huskies to best-ever fourth-place finish ... also placed sixth (2nd UW) at Dellinger meet ... voted Team MVP at year's end ... qualified for spot on Canadian Senior Cross Country Team with eighth-place finish at the Canadian National Championships ... earned Pac-10 All-Academic honorable mention ... only competed once during track season due to injury, running the 3000m at the Husky Classic in 9:35.57, a new PR. 2006-07: Qualified for secondstraight NCAA Cross Country Championship meet, placing 89th overall ... was UW's No. 1 or 2 finisher at every varsity cross country meet ... earned second-team All-Pac-10 and firstteam All-West Region honors ... placed ninth overall, second for UW, at Pac-10s, and was the Huskies' leader in sixth at Regionals ... also led UW at the Dellinger and Pre-National meets ... qualified for second-straight NCAA Track and Field Championships in the 5000m ... placed seventh in her NCAA semifinal in a time of 16:28.77 ... made the NCAAs via her fourth place Regional finish, clocking 16:21.37 ... moved into fourth in the Huskies' record book with her 5000m performance at the Stanford Invitational, running 16:00.03 ... placed third at the Pac-10 Championships in the 5000m ... also ran the 1500m and 3000m once each outdoors, winning the 3000m race in the UW-WSU Dual ... clocked an NCAA provisional qualifying time indoors in the 5000m at the MPSF Championships, running in 16:28.19 and finishing second ... was UW's top performer in the 3000m indoors, posting a time of 9:38.95 at the Husky Classic in her only outing at that distance ... a Pac-10 All-Academic honorable mention. 2005-06: Was UW's lone representative at the 2005 NCAA XC Championships, placing 94th ... NCAA finish was tops by a UW frosh since 2001 ... was the 13th-highest finishing freshman at NCAAs ... placed second at the Canadian Jr. Nationals in December to qualify for her second-consecutive IAAF World Cross Country Championships appearance ... placed 57th at Worlds, leading Canada to 10th ... one of four true freshmen to run in UW's top-seven at every team competition in 2005 ... was the team's No. 1 finisher, in 11th overall, at Regionals, earning All-West Region honors ... ran second for UW, in 17th, at Pac-10s, and was the team's No. 4 finisher at Pre-Nationals ... placed 16th in collegiate debut at the Sundodger Invitational, and was 11th overall at Willamette ... had an outstanding freshman track year, setting UW's freshman record at 5000m and qualifying for the NCAA Championships in her debut season ... ran just seven times, total, throughout the 2006 track season, including four championship-meet races ... was 21st in the 5K at NCAAs, her time of 16:29.91 the UW's sixth-fastest ever, and the best-ever by a Husky frosh ... time marked a 21-second improvement over her previous best, clocked in a sixth-place finish at Pac-10s ... was third in the event at Regionals, and second at MPSFs.

High School and Personal: Parents are Lorna and Garnett ... has a brother, Quinn ... ran 84th overall at the 2005 World Junior Cross Country Championships in St. Etienne, France ... finished fifth at Canadian Junior Cross Country Nationals in 2002 ... won the 3200m in a meet-record 11:12.96 at the 2005 World Junior Cross Country Championships ... won the B.C. prep cross country title in 2004 ... ran 11th in the 3000m at the 2003 World Youth Games ... was second in the 3000m and third in the 1500m at the 2002 B.C. prep track championships, and was second and fourth, respectively, in 2003 ... won the 2003 Sunfair Invitational ... placed second in the 3000m at the 2003 Mt. SAC Relays ... won the bronze medal at the 2003 Canadian Legion Juvenile Cross Country Championships ... named 2004 B.C. Juvenile Cross Country Female Athlete of the Year in 2004 ... received B.C. Junior Development Award for distance running in 2001 ... has participated in ballet and is a blue belt in karate.

ANNALIESE CHAPA

| SUNDOGEN | SUNDOGEN

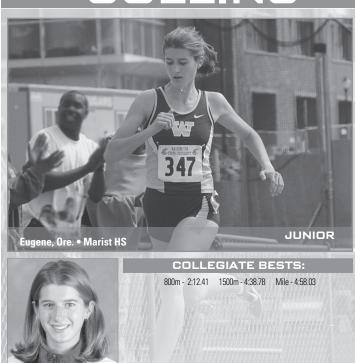
NCAA REGIONAL COMPETITOR

Veteran team member has competed in a pair of Pac-10 meets and the 2005 Regional meet, running in UW's top-seven multiple times ... ran in UW's top-seven in every race as a freshman ... redshirted the 2007 season.

2007-08: Did not compete during cross country or indoor track seasons, but ran full season outdoors ... ran season-best times of 4:41.32 in the 1500m at the Oregon Invite, and 2:16.43 in the 800m at the Ken Shannon Invitational. 2006-07: Ran in UW's top-seven on three occasions in cross country ... was UW's No. 7 finisher at Pac-10s, in 50th overall, helping team to a third-place finish ... ran sixth for UW at Sundodger (32nd overall) and seventh at Pre-Nationals (166th overall) ... earned Academic All-Pac-10 honorable mention ... redshirted track season. 2005-06: One of four true freshmen to run in UW's top-seven at every team cross country competition in 2005 ... was the Huskies' No. 6 runner at Regionals and Pac-10s, placing 53rd and 40th, respectively ... placed ninth in collegiate debut at the Sundodger Invitational, and was 17th at Willamette ... ran the mile during the 2006 indoor season ... clocked 4:50.09 in the MPSF Championships final in March, good for sixth in the race, and sixth in UW history in the event ... also ran on UW's fifth-place DMR at MPSFs ... after a busy fall and winter, ran a relatively light spring schedule ... placed 10th in the 1500m final at Pac-10s ... clocked season-bests of 4:30.56 (1500m) and 2:14.53 (800m) at the Oregon Invite.

High School and Personal: Born in Cleveland, Ohio ... parents are Patricia Eiting, a former sprinter and long jumper at Indiana; and Rodolfo Chapa, a star distance runner at Oregon ... has a sister, Alma, and three brothers, Juan, Alberto and Joaquin, the latter a distance runner at Stanford ... a 2005 Harrier Magazine All-American ... placed fifth in the 800m at the 2005 U.S. Junior Nationals ... won district titles at 800m and 1500m in 2004, before placing second at state in both ... was seventh in 800m and fourth in 1500m at state as a junior, and sixth in both as a sophomore ... ran seventh in the 800m at the 2004 Golden West Games, in a lifetime-best 2:10.47 ... was 12th in the mile at the 2005 Nike Outdoor Nationals ... placed 23rd at the 2005 Washington/Oregon Border Clash ... earned a 3.6 GPA in high school.

EMILY COLLINS



PAC-10 TRACK COMPETITOR

Former Pac-10 track competitor will look to contribute after missing the 2007 season ... ran on the track twice outdoors this past spring in the mid-distance events.

2007-08: Ran twice during the outdoor track season after missing the cross country and indoor track campaigns ... placed fourth at the UW-WSU dual in the 400-meters, running 1:01.52 ... also ran the 1500m at the Oregon Invite. 2006-07: Ran three times in the fall for cross country ... was 96th overall at Sundodger in lone varsity appearance ... also ran twice with UW's "B" team, placing 76th, sixth for UW, at Willamette, and 18th, fourth for UW, at the Mike Hodges Invite ... ran the mile indoors for track and 800m and 1500m outdoors ... best mile time of 4:58.03 at the MPSF Championships ranked fourth among Huskies ... won the Ken Shannon Invite 800m with a time of 2:13.63 ... took first in the 1500m at the UW Outdoor Preview. 2005-06: Redshirted the 2005 fall season to preserve a year of eligibility ... competed just once unattached, placing 69th, second among Husky redshirts, at the season-opening Sundodger Invitational ... competed regularly at 800m throughout the winter and spring, culminating in a 19th-place finish at the Pac-10 Championships ... time of 2:16.43 in Pac-10 prelim was a season-best outdoors ... clocked 2:14.93 for 800m during the indoor campaign.

High School and Personal: Parents are Jane Kitterman-Collins and Stan Collins ... has a younger sister, Elena ... won state 800m titles in 2002 and 2004, and was state runner-up in 2003 and 2005 ... also led 4x100m and 4x400m relays to state titles in 2005 ... swept district 800m titles all four years, and won three district 400m crowns ... set district 400m record of 58.19 as a junior ... led Marist to state championship as a senior ... named conference track athlete of the year in 2005 ... named Marist's outstanding student-athlete in 2005 ... a four-year track team MVP... captained the cross country, track and soccer teams as a senior ... earned first-team all-league honors in soccer as a senior, and was a second team all-state selection.

KATIE **FOLLETT**

PAC-10 1500M CHAMPION



THE REAL PROPERTY.	2
	2
	2
	١.

MAJOR	MEETS:
2006 Pac-10 XC79th (10th UW)	2008 NCAA-I6th, Mile*
2006 Regional XC82nd (6th UW)	2008 Pac-10 TF1st, 1500m
2007 MPSF TF6th, Mile	6th, 5000m
2007 Pac-10 TF8th, 1500m	2008 Regional TF2nd, 1500m
2007 Pac-10 XC9th (2nd UW)	2008 NCAA-014th, 1500m
2007 Regional XC7th (2nd UW)	2008 Olympic Trials21st, 1500m
2007 NCAA XC19th (1st UW)*	* - Indicates All-America Honor Won
2008 MPSF TF2nd, 3000m	
2nd, DMR	

COLLEGIATE BESTS:

800m - 2:06.43 Mile - 4:37.22 1500m - 4:15.78 3000m - 9:25.09i 5000m - 16:01.16 Incredible sophomore season included All-American honors in cross country and the mile run, a Pac-10 Championship at 1500-meters, and a berth in the U.S. Olympic Trials . . . along with teammate Anita Campbell, became UW's first cross country All-Americans since 2001, leading the team with a 19th-place finish at NCAA's ... ran four UW indoor school records last year and Top-10 outdoor times in three events . . . UW's first women's Pac-10 Champion in a running event since 2001.

2007-08: Sensational season was a driving force behind UW's eighth-place NCAA finish ... earned first-career All-American award, placing 19th at NCAA's, a split second ahead of teammate Anita Campbell, marking UW's first ever All-American duo, and first All-Americans since 2001 ... her 19th-place finish was the best by a Husky since 1995 when Tara Carlson finished 8th ... made major improvements at every race compared to freshman season, earning team's Most Improved award and sharing Most Inspirational ... jumped from 79th at 2006 Pac-10's to ninth in 2007 to earn second team All-Pac-10 honors ... named All-West-Region after seventh-place Regional finish, second on the team, up from 82nd-place finish the previous year ... led the team with No. 2 overall finish at Bill Dellinger meet ... placed second at the Sundodger in 20:37, which broke the previous school record and is second now to Campbell who finished first ... a Pac-10 All-Academic honorable mention ... was equally exceptional during the track season, setting numerous school records and running at both NCAA Championships, and capping the season with a 21st-place finish at the U.S. Olympic Trials in the 1500m ... finished sixth in the mile at NCAA Indoors in 4:41.88, earning her first track All-America award ... her first four runs during the indoor season all resulted in school records ... ran the 1600-leg on the DMR which broke the school record at the UW Invitational with a time of 11:19.94, then was broken a second time at the MPSF Championships with a time of 11:12.77 and a second-place finish ... set the school indoor mile record in 4:37.22 in winning the Husky Classic and achieving the NCAA "A" standard ... took second in the 3000-meters at MPSFs in another school record time of 9:25.09 ... outdoors, became UW's first women's Pac-10 Champion since 2004 as she won the 1500-meter title in 4:22.41 ... first Pac-10 women's champ in a running event for the Huskies since Anna Aoki in 2001 ... also placed 6th in the 5K at Pac-10's later that same day ... ran the school's fifth-best 5000m time of 16:01.16 at the Payton Jordan Invite on May 4 ... just six days later, she won the 800-meter run at the Ken Shannon in 2:06.43, the third-fastest in school history ... took second at Regionals in the 1500 behind teammate Michelle Turner in a PR of 4:15.78, which qualified her for the Olympic Trials ... at NCAA Outdoors, finished 7th in her 1500m heat (14th overall) in a time of 4:19.00, just missing the final, after being forced to maneuver around a crash that put her far behind the leaders ... finished her season at the Olympic Trials, running 4:19.00 in the guarters and then 4:22.60 in the semis. **2006-07:** During cross country season, was one of three freshmen or sophomores in UW's top-seven at the NCAA West Regional ... ran sixth for UW at the Regional, in 82nd overall ... also ran with the team at Pac-10s, and was in UW's top-three at the Sundodger, Dellinger and Pre-National meets ... was the No. 2 UW finisher at Pre-Nationals, in 21:36 ... ran season-best 21:27 for 6K in a 17th-place finish at Sundodger ... ran several distances during the track season including mile, 1500m, 3000m, and 5000m ... season-best 1500m time of 4:27.87 came at Pac-10 Championships where she finished eighth ... run at Pac-10's fell just seven hundredths of a second short of the 1500m Regional qualifying time ... ranked second on UW in the indoor 3000m with a time of 9:47.86 ... mile time of 4:52.08 was third best on the squad.

High School and Personal: Parents are Karen and Kevin ... has two younger sisters, Kelsey and Kirsten ... a Harrier Magazine Cross Country All-American ... a 10-time All-State performer ... won eight conference and nine regional track titles ... named the Northern/Front Range Conference Cross Country Runner of the Year in each of her four prep seasons ... won 23 of the 34 cross country races she entered during her prep career ... placed 20th at the 2005 Footlocker Midwest Regional meet in Wisconsin, and was 22nd at the same event as a sophomore ... won the 3200m at the Kansas Relays in 2004, and was second in the 1600m ... set Fort Collins school records in the 3200m and 3200m relay, and at 5000m in cross country ... won the Elanor Troxell Award in 2006 as Fort Collins' top student-athlete ... graduated with a perfect 4.0 GPA.

MO HUBER

NCAA TRACK REGIONALS COMPETITOR



COLLEGIATE BESTS:

 Washington's leading steeplechaser the past two seasons ... qualified for first career NCAA Regionals in the steeplechase this past spring ... ran the steeple and 5000m at 2008 Pac-10 Championships.

2007-08: Saw action in three races during cross country, opening with 18th-place finish at Sundodger Invite ... ran with the varsity at Dellinger Invite, placing eighth on the team and 69th overall in 21:39 ... finished 20th at Mike Hodges Invite, fourth out of seven Huskies ... qualified for first career Regionals on the track with a career-best steeplechase time of 10:49.34 set at the Pac-10 Championships in an 11th-place finish . . . finished 32nd at Regionals in the SC in 11:17.70 ... was second in the steeple at the WSU dual in 11:02.95 ... also ran a season-best 5K of 17:27.32 at the Sun Angel Classic ... indoors, placed 17th in the 3000m at the MPSF Championships in 9:52.10 ... set PR in the mile (4:58.24) at the Husky Classic. 2006-07: Ran four times with cross country in 2006, including a 63rd-place finish at Pac-10s ... was UW's ninth finisher at the Pac-10 meet, and was seventh on the team at the Dellinger Invite ... also ran No. 8 for UW, 54th overall, at Sundodger, and was the third UW finisher in the open race at Pre-Nationals ... had a strong freshman season on the track, leading all Huskies in the steeplechase and ranking second on the squad at 5000m ... competed at the Pac-10 Championships, finishing 17th, in the 3000m steeplechase ... season-best steeple time of 10:56.54 at the Pepsi Invitational ... also ran the 1500m three times outdoors, posting a best time of 4:37.72 ... indoors, competed in the 3000m and the mile.

High School and Personal: Parents are Peg Kelly and Chris Huber ... has an older sister, Dana and a younger brother, Kevin ... father played basketball at Humboldt State and mother was a collegiate swimmer at Bowling Green ... ran in the top-14 at the California state cross country championships all four years, including three top-10 finishes, and a best of second in 2005 ... was a first-team All-State honoree as a senior ... ran 30th in the 2006 USATF Jr. National Cross Country Championships in New York City ... also lettered two years in soccer, and was a an all-league honoree as a sophomore.

ANNA IMPERATI

PAC-10 TRACK COMPETITOR

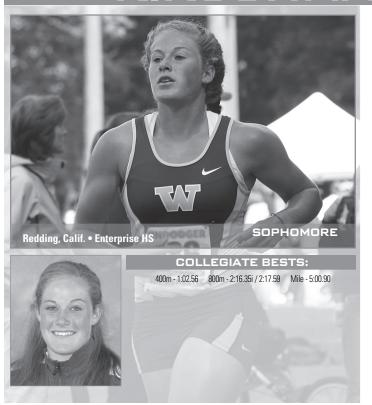
Distance specialist competed at Pac-10's in both cross country and track last season ... took up the steeplechase this past spring, posting one of the school's Top-10 times.

2007-08: Ran with the varsity Top-10 on three occasions, most notably placing 62nd overall, 10th among Huskies, at Pac-10 Championships ... finished 17th, seventh on UW, at Sundodger Invite ... was the ninth Husky across the line at the Bill Dellinger ... was UW's top finisher at the Mike Hodges Invite in 12th place ... ran two events at the MPSF Championships, taking 12th in the 5000-meters and 24th in the 3000-meters ... ran the 8th-fastest steeplechase time in school history at the Pepsi Team Invite in 11:21.45 ... took fourth in the steeple at the WSU dual in 11:37.98 ... ran the 5K at the Pac-10 Championships, placing 25th. **2006-07:** Competed three times in the fall, twice with the varsity unit ... ran 10th among Huskies at the Sundodger Invite, and ninth at the Bill Dellinger Invite ... ran with the "B" squad in the Open race at Pre-Nationals, running second among Husky finishers and 87th overall ... did not compete during indoor track season and ran twice unattached outdoors to preserve a year of eligibility ... ran the 3000m in both unattached races, with a top time of 10:31.72.

High School and Personal: Parents are Kathryn Beaumont and Sam Imperati ... has an older brother, Tony ... father played soccer at Santa Clara ... competed at Nike Team Nationals in 2004 and 2005, placing 95th and 66th, respectively ... was 25th at the state championships as a senior, and 64th her junior year ... earned top-10 league finishes both seasons ... was a first-team All-Metro League honoree for cross country in 2005 ... captured second-team all-league honors the previous season ... earned all-state honorable mention as a senior ... was named Most Improved for cross country in each of her final two seasons, and was the team MVP in 2005 ... also earned a Most Improved honor for the 2005 track season, and was named Jesuit's Outstanding Female Track Athlete in 2006.

MEET THE HUSKIES • Returners

LINDSEY KIRSCHMAN



Mid-distance specialist will look to make her first cross country appearance since 2006 has competed in one indoor and one outdoor season on the track, running the 400, 800, and mile.

2007-08: Made season debut outdoors on the track at the WSU dual meet, where she placed 5th in the 400m in 1:02.56, and was part of UW's second-place 4x400m relay ... also won her heat and was 10th overall in the 800m at the Ken Shannon Invite, running 2:17.59 ... did not compete during cross country campaign. 2006-07: Competed three times during the fall cross country season ... was the team's No. 2 finisher, in 46th overall, at Willamette, and was UW's No. 3 finisher, in 17th overall, at the Mike Hodges Invite ... also ran at Sundodger, placing 84th overall ... ran three different events in four indoor track appearances, competing in the mile, 800m and DMR ... cut nearly 15 seconds off season-best mile time in less than a month, going from 5:15.20 at the UW Indoor Preview to 5:00.90 at the Husky Classic ... did not compete during outdoor season.

High School and Personal: Parents are Cheryl and Tom Kirschman ... ran 10th at the California state cross country championships her junior year ... won the 2003 Stanford Cross Country Invitational as a sophomore ... was fourth at the state track championships in the 1600m as a senior, and fifth in the 800m her junior year ... was also fifth in the 800m at the 2004 Golden West Games ... ran 18th at the Footlocker West Regional Cross Country meet as a junior ... earned all-state track honors her freshman and sophomore years, and was an all-state cross country performer as a senior ... was a seven-time All-CIF Northern Section honors ... also lettered one year in basketball ... earned several school and regional academic and sportsmanship honors ... graduated with a 3.80 prep GPA ... is considering a biology major, with an interest in environmental biology.

MEL LAWRENC

ALL-PAC-10 SECOND TEAM



2006 World Jr XC.. ..52nd (4th USA) 2007 Regional XC... .. 32nd (4th UW) 2006 USA Jr TF. 1st, Steeple 2007 NCAA XC... ..117th (4th UW) 2007 USA Jr XC

COLLEGIATE BESTS:

6000m (XC) - 20:34

One of the top freshmen in the Pac-10 in 2007, earning second team All-Pac-10 distinction ... ran fourth for UW at NCAA Championships, helping team to a program-best eighth-place finish ... a four-time Footlocker Cross Country All-American as a prep and the 2006 Junior National Champion in the 3K steeplechase.

2007-08: Stellar freshman season, UW's Newcomer of the Year ran No. 3 or No. 4 at every varsity race for the Huskies ... placed 13th at the Pac-10 Championships (3rd UW) in seasonbest 20:34, earning second team All-Pac-10 and was the third freshman across the line ... finished 117th overall (4th UW) at first NCAA Championships, helping the Huskies to eighth ... also ran fourth on the squad at West Regionals and Pre-Nationals ... burst onto the scene with third-place finish at Sundodger Invite in 20:58, followed by 13th-place run at the Dellinger in 20:48, running No. 3 for the Huskies on both occasions ... redshirted track season.

High School and Personal: Born in Carson City, Nevada ... full name Marie Elizabeth Lawrence ... parents are Lee and Jack Lawrence ... older sister Collier runs cross country and track for Washington State ... younger brother John will run for Portland State ... one of the top recruits in the class of 2007 ... placed 11th at the 2007 USA Cross Country Championships in Boulder, Colo. ... Junior National Champion in 3k steeplechase in 2006 with a championship meet record time of 10:15 ... Footlocker Cross Country All-American in the 5k from 2003-06 after placing second at the Footlocker XC Championships in 2003, 2004, and 2005, and fifth in 2006 ... has represented the United States at both the World Junior Cross Country Championships and the World Junior Track and Field Championships ... Gatorade Athlete of the Year for Northern Nevada for cross country and track \dots three-time Nevada state cross country champion ... also a state champ on the track in 800m, 1600m, and 3200m.

AMANDA MILLER



		(Day	弘	
1				k
	1005			Ne le
	1		恩	
			7	

	MAJOR	MEETS:
2005 MPSF TF	4th, 800m	2007 Pac-10 TF4th, 1500m
	8th, 4x400m	2007 Regional TF5th, 1500m
2005 NCAA-I	9th, 800m*	2007 NCAA-014th, 1500m
2005 Pac-10 TF	10th, 800m	2007 Pac-10 XC15th (4th UW)
	8th, 4x400m	2007 Regional XC17th (3rd UW)
2005 Regional TF	17th, 800m	2007 NCAA XC108th (3rd UW)
2005 Pac-10 XC	44th (7th UW)	2008 MPSF TF2nd, Mile
2006 MPSF TF	5th, 800m	2nd, DMR
2006 Pac-10 TF	9th, 800m	2008 NCAA-I 5th, Mile*
2006 Regional TF	6th, 800m	11th, DMR
2006 Pac-10 XC	24th (3rd UW)	2008 Pac-10 TF5th, 1500m
2006 Regional XC	23rd (3rd UW)	2008 Regional TF6th, 1500m
2007 MPSF TF1st,	Mile; 2nd, DMR	2008 NCAA-0 11th, 1500m*
	6th, 4x400m	2008 Olympic Trials27th, 1500m
2007 NCAA-I	9th, Mile*	* - Indicates All-America Honor Won

COLLEGIATE BESTS:

FOUR-TIME NCAA ALL-AMERICAN

Concluded illustrious track career in the spring, returning for her final year of cross country eligibility ... ended track career with All-America honors in the 1500m, her fourth career honor ... the only woman in Husky history to earn All-America awards in three different events, one in the 800m, two in the mile, and one in the 1500m ... qualified for U.S. Olympic Trials in the 1500m ... holds indoor school records in the 800m and DMR, and appears on UW's Top-10 lists in seven events ... the Huskies' No. 3 finisher at the 2007 NCAA Cross Country Championships, helping UW to a program-best eighth-place finish.

2007-08: Had strongest cross country season yet, running from No. 2 to No. 4 at every varsity race save for the Sundodger where she did not compete ... was the No. 3 Husky at the NCAA Championships, finishing 108th overall in her first national meet ... earned All-West-Region for the second-straight year, placing 17th overall (3rd UW) ... at Pre-National meet, helped Huskies to program-best No. 4 finish with 35th-place showing, second on the team ... just missed making the All-Pac-10 team by one spot, placing 15th at the conference meet ... again was one of the best mid-distance runners in the nation during the track season, earning All-America honors both indoors and out ... indoors, led a trio of All-American milers as she placed 5th at NCAA Indoors in 4:41.56 ... also ran the opening 1200m leg of UW's DMR that placed 11th at NCAA's ... set the indoor school record in the 800m at the UW Invitational, running 2:06.69 ... placed second in the mile at the MPSF Championships and was also second in the DMR in a school-record time of 11:12.77 ... ran the second-fastest mile in school history at the Husky Classic with a time of 4:39.93, going under the NCAA "A" standard ... outdoors, became the first Husky woman to earn All-American honors in three different events over a career, as she was named an All-American in the 1500m with an 11th-place finish ... ran a three-second PR in NCAA 1500m semis of 4:16.68 which qualified her for the U.S. Olympic Trials ... ran 4:24.45 at the Olympic Trials to place 10th in her quarterfinal heat ... made the NCAA Outdoors final despite suffering from a sublimated disc in her back that greatly limited her training ... joined Ashley Lodree as the only two women's track athletes to earn All-America honors indoors and outdoors in the same season ... placed 5th in the 1500m at Pac-10's, and 6th at West Regionals ... won the 800m at the WSU dual in 2:06.98, the 7th-fastest in school history ... received Pac-10 All-Academic honorable mention in cross country and track. 2006-07: Ran just three times in the fall cross country season, but was a key postseason contributor ... was 24th at Pac-10s and 23rd at Regionals, No. 3 for UW in both meets ... also ran in the open race at Pre-Nationals, placing 26th ... named Most Inspirational by her teammates, and earned Academic All-Pac-10 honorable mention ... one of UW's biggest standouts on the track, earning All-American honors in the Mile indoors with a ninth place finish at the NCAA Championships ... just missed the finals at the NCAAs outdoors in the 1500m, falling .01 seconds short in her semifinal run ... her time of 4:20.58 in the 1500m NCAA semifinal was a personal best and ranked seventh in the UW record books ... career-best mile time of 4:41.36 came at UW Last Chance Qualifier and was the secondbest time in school history ... also moved into Top-10 on all-time charts in the 4x400m relay with a time of 3:47.58 at the MPSF Championships. 2005-06: One of six freshmen to run in UW's top-seven during the 2005 fall season ... was UW's No. 7 runner at Pac-10s, in 44th ... ran No. 3 for UW at Pre-Nationals ... placed 25th at Sundodger, and 26th at Willamette ... led all Huskies at 800m indoors, and was UW's No. 2 runner at 800m and 1500m outdoors ... career-best of 4:23.11 for 1500m at the Cardinal Invite was UW's 10th-best ever ... also climbed to No. 7 on UW's outdoor 800m list with an altitude-adjusted time of 2:08.13 at Regionals ... ran sixth in the 800m at Regionals, and was ninth at Pac-10s ... cracked UW's all-time top-10 indoors in the DMR (5th) and 4x400m relay (10th) ... ran fifth in the 800m at MPSFs. 2004-05: Redshirted the fall with an injury ... placed ninth in the 800m at NCAA Indoors to earn All-America honors ... UW's first female 800m All-American since 1985 ... broke UW's indoor 800m record in first collegiate 800m, clocking a 2:08.33 at the Husky Classic ... lowered the record twice more, including a 2:06.76 in the NCAA prelim ... time was fastest by an NCAA freshman indoors, and ranked 17th indoors among U.S. women ... competed in the 800m and 4x400m at Pac-10s ... was 17th in the 800m at Regionals ... helped UW's 4x400m to ninth all-time at UW.

High School and Personal: Parents are Barb and Doug ... won the 2002 Nike Border Clash and was fifth in 2001 ... never finished lower than fourth in four years at the state cross country meet ... captured the 2001 state 3A cross title as a sophomore, leading Eastmont to the team crown ... finished third at the 4A level in 2002, and was fourth in 2003 ... placed third at state as a freshman in 2000 ... on the track, earned six state titles and 15 top-four state finishes ... swept state 800m crowns in 2001, 2002 and 2003 ... won the mile at state in 2002, and was second the other three years ... also added 4x200m and 4x400m crowns in 2002 ... lettered in basketball in 2001-02 ... an all-state cross country performer in both 2001 and 2002, and the NCW Sports Award Female Athlete of the Year in 2001-02 ... named valedictorian with a 3.9 GPA.

KENNA PATR

ALL-NORTHWEST CONFERENCE



Ran a full track season for the Huskies after transferring to Washington from the University of Puget Sound, where she ran cross country last fall and should make an immediate impact for UW ... finished 51st overall at NCAA Division-III Championships in the fall and was named All-Northwest Conference first team ... the 2006 Washington state 4A cross country champion.

2008 (Track): Joined the Washington program in the winter, wasting little time making a contribution on the track ... placed 10th in the 5000m at the MPSF Championships in 17:22.16 ... also ran the mile and 3000m indoors ... ran a personal-best 5K time of 17:17.85 at the Pepsi Team Invite outdoors, placing 12th ... ran the 5000m at the Pac-10 Championships, placing 17th in 17:44.47 ... 5th at the WSU dual in the 3K in 10:19.32 ... also placed 15th at the U.S. Junior Cross Country Championships in San Diego. 2007 (Cross Country at UPS): Helped lead the Loggers to 23rd place at the NCAA D-III Championships in Northfield, Minn., placing second on the team and 51st overall ... led the Loggers at NCAA West Regionals, placing third overall ... selected to the All-Northwest Conference first team following a sixth-place finish at the NWC Championships, helping UPS to a second-place team finish.

High School and Personal: Born in Tacoma, Wash. ... parents are Joan and Kevin Patrick .. has one older brother, Kellan, and one younger sister, Camryn ... father Kevin also attended UW and brother Kellan is a current student ... the 2006 Washington state 4A cross country champion in a time of 18:13, also winning league and district crowns ... named 2006 Girls Cross Country MVP by the Seattle Pl ... top-10 state XC finisher as a sophomore and junior ... led school to top-10 state finishes all four years, culminating in second-place finish in 2006 ... a three-time Nike Borderclash competitor, placing second as a senior ... named third-team All-Region at the 2006 Footlocker West Region meet ... on the track, was a top-10 finisher at state in the mile and two-mile during junior and senior years.

STEPHANIE **SAUVA**I

Mile - 5:02.81 3000m - 10:09.07 5000m - 17:17.85



Saw limited action during freshman season, competing three times in the fall and redshirting the track season.

2007-08: Competed twice for the Huskies, placing 60th at the Willamette Invite and 51st at Mike Hodges ... also ran unattached at the Sundodger ... redshirted the indoor and outdoor track seasons.

High School and Personal: Parents are Debbie and Paul Sauvage ... oldest of four siblings ... junior and senior years placed top-12 in Metro cross country and fifth and seventh in the 800m, respectively ... voted cross country team MVP in 2005, best all-around in 2003 and 2006, and most inspirational for track in 2007 ... prep teammate of Max O'Donoghue-McDonald and Ryan Styrk who each run for the UW men ... also lettered in swimming from 2005-07 ... graduated with 3.86 GPA ... plans to major in business administration.

LAUREN SAYL

2007 PAC-1 OPHOMORE Clovis, Calif. • Buchanan HS

MA	ال	9 1	₹	ΜL	31	Ш	5	

2007 Regional XC 2007 NCAA XC 2008 USA Jr XC	61st (6th UW) 253rd (7th UW) 6th	2008 MPSF TF 2008 Pac-10 TF 2008 Regional TF	5th, 10000m
2008 World Jr. XC			

COLLEGIATE BESTS:

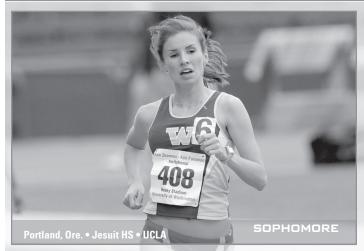
Mile - 4:57.28 3000m - 9:48.51 5000m - 16:45.96i/16:49.73 10000m - 37:37.36

WORLD JUNIOR XC COMPETITOR

Ran in UW's top-seven at every varsity meet during freshman season ... made the U.S. Junior National Cross Country Team, placing 38th at the World Championships in Scotland ... scored for the Huskies at both the MPSF and Pac-10 Championships, taking 5th in the 10K at Pac-10's ... qualified for West Regionals in the 5000-meters.

2007-08: Standout freshman season, running in UW's top-seven at every varsity meet starting with the Dellinger, where she placed 54th ... ran seventh for the Huskies at NCAA's, but was physically spent near the race's end, collapsing but still gutting out final 300-meters to finish ... ran season-best 21:27 at Pac-10 Championships, placing 41st (7th UW) ... the sixth Husky finisher at Regionals, 61st overall ... placed sixth in the U.S. Junior Cross Country Championships, earning a spot on the U.S. Junior National Team ... running at the World Junior Cross Country Championships in Edinburgh, Scotland, placed 38th in 21:37 which was fifth among Americans ... scored for UW at the MPSF meet, placing 6th in the 5K in a personal-best time of 16:45.96 ... ran a PR in the 3K at the UW Invitational in a time of 9:48.51 ... outdoors, qualified for NCAA Regionals in the 5000-meters, with a season-best time of 16:49.73 at the Oregon Invitational ... placed 18th in the 5K at Regionals ... was 5th in the 10K at the Pac-10 Championships in 37:37.36 ... 3rd at the WSU dual in the 3000-meters.

High School and Personal: Born in Orange County, California ... parents are Julie and James Saylor ... has one younger brother, Christian, and one younger sister, Cathryn ... one of the top recruits out of the state of California ... Footlocker All-American in 2004 after placing 14th at Footlocker Nationals ... finished 12th or better at state all four years including fifth in 2004 and third in 2006 ... placed sixth at the 2006 Sacrament Meet of Champs in the 3200m ... competed in the 2005 Arcadia Invitational, placingn fifth in the 2-mile run ... named all-state in cross country in 2004 and 2006 and in track in 2005 and 2007 ... seven-time league track champion ... captained high school all four years and led team to a top-eight state finish each year including second as a junior and third as a senior ... four-time league and section champion ... graduated with a 3.8 GPA ... plans to major in business.





MAJOR MEETS:

...68th (10th UCLA) 2008 Pac-10 TF.....12th, 5000m 2008 MPSF TF. .. 13th, Mile

COLLEGIATE BESTS:

1500m - 4:38.83 Mile - 4:56.16 3000m - 9:42.93 5000m - 17:18.67

PAC-10 COMPETITOR

UCLA transfer makes her first appearance with the cross country squad after running on the track this past spring ... competed at both the MPSF Championships and Pac-10's ... ran at the Pac-10 Cross Country Championships for the Bruins in 2006, finishing 68th.

2007-08: Competed three times during the indoor season, highlighted by a 13th-place finish in the mile at the MPSF Championships in 4:56.16 ... outdoors, ran the 1500m four times, with a season-best 4:38.83 coming at the Oregon Invitational ... ran the 5K for the first time at the Pac-10 Championships, placing 12th in 17:18.67 ... ran the 800m and 1500m at the WSU dual, placing sixth in each race ... redshirted cross country season after transferring from UCLA. 2006-07 (UCLA): Placed 68th at the Pac-10 Cross Country Championships ... finished 78th in the open race at the Pre-National meet ... UCLA's No. 4 runner at the UCSD Triton Invitational (9th overall) ... the No. 4 runner for UCLA, finishing 52nd overall at the Bill Dellinger Invite ... opened up her college running career as the Bruins' No. 10 runner at the UCLA/UCR Dual Meet ... did not compete during track before transferring to Washington.

High School and Personal: Born in Seattle at the UW medical center ... parents are Amy and Todd Schutte ... Todd was a three-year track team member at Washington from 1987-89 ... has one younger sister, Payton ... a high school teammate of current UW distance runner Anna Imperati ... won three district track titles, two at 3000m ... most valuable runner junior and senior years ... led team to two state titles and two Nike National Team competitions ... second fastest runner in school history behind former University of Oregon standout Laura Harmon ... pursuing political science major.

AMANDA 5T

NCAA REGIONAL COMPETITOR



Will run attached for the Huskies for the first time after redshirting the 2007-08 season . Oregon transfer ran in the Ducks' top-seven at every varsity cross country race in 2006, including Pac-10's and West Regionals ... has shown potential to run fast in the steeplechase on the track.

2007-08: Competed twice unattached during cross season ... placed 35th at the Sundodger in 22:33 and 42nd overall at the Willamette Invite, which would have been fifth on the team ... also ran unattached twice during the outdoor track season ... her time of 11:16.38 in the steeplechase at the Ken Shannon would have been a Top-10 UW mark if run attached. 2006-07 (Oregon): Ran in Oregon's top-seven in every cross country race ... finished seventh among Oregon runners at the Pac-10 Championships (56th overall) and at Regionals (121st overall) ... best 6000m time of 22:37.65 came at the Bill Dellinger Invite where she placed 67th overall and fourth among Ducks ... competed sparingly during track season, running 1500m, 5000m, and steeplechase once each.

High School and Personal: Born in Mountain Home, Idaho ... parents are Dalene and Tim Stopa ... one older brother, Mathew, and one younger brother, Andrew ... four-time top-15 4A state cross country championships finisher, including 15th as a senior and freshman, sixth as a junior and 10th as a sophomore ... WesCo and district champion as a junior and senior ... two-time Seattle P-I cross country all-star and twice an honorable mention ... four-time team MVP ... was a four-time Border Clash qualifier in cross country, and placed 26th as a freshman ... in track, was a state qualifier as a senior in the 3,200m ... majoring in comparative literature.

... 56th (7th, UO) 2006 Regional XC..... 2006 Pac-10 XC121st (7th, UO)

COLLEGIATE BESTS:

1500m - 4:52.32 3000m - 10:34.40 3000m SC - 11:16.38

MICHELLE TURNE

U.S. OLYMPIC TRIALS PARTICIPANT



2005 MWC TF-I 2005 MWC TF-0......4th, 800m; 3rd, 4x400m 2007 NCAA-0... 2005 Regional TF. ..13th. 800m

2006 MWC TF-I 1st. 800m; 1st. DMR; 6th 4x400m 2006 MWC TF-0...... 1st, 800m; 3rd, 4x400m 2006 Regional TF ... 2006 NCAA-0 2007 MWC TF-L .7th. 800m 2007 MWC TF-0...... 1st, 800m; 3rd, 4x400m

.... 3rd, 800m; 2nd, 4x400y 2007 Regional TF......5th, 800m; 7th, 4x400m 14th 800m 2008 MPSF TF5th, 800m; 2nd, DMR 2008 NCAA-I 9th, Mile* 2008 Pac-10 TF .6th. 800m 2008 Regional TF .1st. 1500m ..5th, 800m 2008 NCAA-0... .15th. 1500m .19th, 800m 2008 Olympic Trials..... .23rd, 1500m * - Indicates All-America Honor Won

COLLEGIATE BESTS:

400m - 55.4 800m - 2:05.44 1500m - 4:14.94 Mile - 4:40.08

Standout track performer will run cross country for the first time as a Husky after concluding her track career in the spring ... in her first season at UW after transferring from BYU, earned All-America honors in the indoor mile, won the NCAA West Region 1500-meter title, and ran the 1500m at the U.S. Olympic Trials ... ranks in UW's all-time Top-10 in five events, including in the top-five in the indoor 800m, mile, 1500m, and DMR ... has not competed in cross country since 2005.

2007-08: Had the best track season of her career in her only season as a Husky, earning All-American honors indoors, winning an NCAA West Regional title, and running in the U.S. Olympic Trials . finished 9th in the mile at the NCAA Indoor Championships, earning her first career All-America award . qualified for NCAA's with a lifetime-best mile run of 4:40.08 at the UW Last Chance Qualifier; the third-best time in school history ... at NCAA Indoors, also ran the 800-leg of UW's 11th-place DMR ... part of UW's school-record distance medley relay which ran 11:12.77 at the MPSF Championships ... outdoors, captured the NCAA West Region 1500-meter title in a time of 4:14.94, which was a PR by nearly nine seconds and the fourth-fastest in school history ... only the third women's Regional champ in Husky history ... ran 8th in her semifinal heat at NCAAs in 4:20.06 after being hindered by a crash in front of her, missing the final and placing 15th overall ... made the semifinals of the 1500-meters at the U.S. Olympic Trials, finishing 12th in her semi heat ... her Trials quarterfinal run of 4:18.79 was the second-best of her career and the 15th-best quarterfinal time ... won the 1500-meters at the WSU dual in 4:25.46 ... ran the 800 at Pac-10's, finishing 6th in 2:09.84 ... did not compete during cross country season. **2006-07 (BYU)**: Named to the All-MWC Team for track ... reached the semifinals in the 800m at the NCAA Championships ... set a new MWC Championship record in the 800 meters with her time at the NCAA Championships ... set a new NVVC Championship record in the 800 meters with ner time of 2:05.44 ... took fifth in the 800 meters at the West Region meet ... ran a season-best time in the 1500m (4:24.41) at the ASU/Clif Bar Invitational ... ran on the 4x800m relay team that set a BYU record of 8:39.84 at the Penn Relays. **2005-06 (BYU)**: During cross country season, had a time of 19:34.8 in the BYU Alumni Invitational ... ran in the BYU Autumn Classic with a time of 20:16.5 ... placed fourth with a time of 19:27 at the Big Green Invite ... great track season culminated at NCAA Championships, running the 800m in a then-personal best of 2:07.0 ... finished fifth in the 800m at the NCAA West Region Championships with a time of 2:09.40 ... won the 800-meter title at the MWC Outdoor Championships with a time of 2:08.65 ... won the 1500m at the Stanford Invitational with a time of 4:27.59 ... took home a MWC Indoor Championship title in the 800m with a time of 2:14.05. 2004-05 (BYU): Finished sixth in the 4x400 relay (3:57.99) at the Husky Invitational ... placed third in the 800m at the MWC Indoor Championships with a time of 2:15.43 ... took fifth and passed the meet record for the 800m (2:12.49) at the Stanford Invitational ... finished fourth in the 800m at the MWC Outdoor Championships with a time of 2:11.09 ... redshirted the cross country season.

High School and Personal: Married to Matthew Turner ... parents are Gordon and Kathleen Lindsay ... brother, Bryan, ran for both BYU men's cross country and track teams, earning All-American honors ... also has three other brothers ... lettered three years in track at Timpanogos ... placed 12th at Nationals in the 800m as a senior ... took second in state in the 400m and 800m and third in the 200m ... region champ in the 100m and 4x400m ... broke seven school records.

Newcomers • MEET THE HUSKIES

NICOLE AURIGEMMA

Carlsbad, Calif. • Carlsbad HS

Freshman



METCALF ON AURIGEMMA:

"Nicole is a hard working young woman that with time and focus can be a solid contributor to our program."

HIGH SCHOOL AND PERSONAL:

Born in Harrisburg, Pennsylvania ... parents are Christy and Ken Aurigemma ... one younger sister, Kirsten ... also lettered four years on the varsity soccer team ... named to the All-Avocado League team ... chosen as the San Diego Union Tribune Athlete of the Year ... led cross country team to a 12th-place state finish in 2007 ... finished 36th in the CIF Finals her senior year ... placed 40th in the Mt. SAC 3-mile run in 2007 ... 20th in the 2006 CIF Finals in the 2.75-mile run ... took 5th in the 400m dash at the 2007 CIF Finals ... won the Avocado League 400m dash title in 2007 ... anchored 4x400m relay to a 4th-place finish at CIF meet as a junior.

PERSONAL BEST TIMES:

400m - 58.2 800m - 2:16 1600m - 5:11

ELLIE BONNER

Snohomish. Wash. • Snohomish HS

reshman



METCALF ON BONNER:

"Ellie is a local girl from a great program. We hope that she can follow the likes of several local preps who have gone onto success as a Husky."

HIGH SCHOOL AND PERSONAL:

Born in Bellevue, Washington ... mother is Melinda Bonner ... has one younger brother, Jack, and one younger sister, Katherine ... as a senior in 2007, placed 12th at the Washington State 4A Cross Country Championships ... also finished 21st at the state cross meet as a junior and 81st in her sophomore season ... ran at state on the track as a senior, placing 14th in the 1600m and 11th in the 3200m ... 1600m district champion as a sophomore and finished 7th at state ... placed 12th in the 3200m at the 2007 state track meet ... led Snohomish to a top-five finish at state all four years, including 3rd as a senior ... competed at the 2007 Nike BorderClash, placing 34th overall, the same spot she finished one year before at the same meet ... considering an education major.

PERSONAL BEST TIMES:

1600m - 5:07 3200 - 11:03 5000m (XC) - 18:30

CHRISTINE BABCOCK

OLYMPIC TRIALS COMPETITOR

Irvine, Calif. • Woodbridge HS

Freshman



METCALF ON BABCOCK:

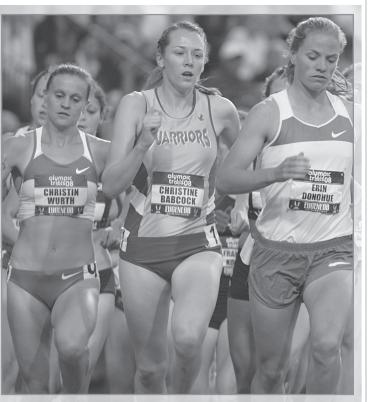
"Christine brings tremendous talent, limitless potential, and an immediate impact to our program. It is our sincere hope that with our guidance she will continue to travel into uncharted waters for a female distance runner."

HIGH SCHOOL AND PERSONAL:

Born in Laguna Hills, California ... parents are Kelly and Dan Babcock ... has one older sister, Jessie, and one younger, Molly ... sister Jessie currently runs track for Penn State ... mother, Kelly, ran collegiately for Michigan State and competed in the 1984 Olympic Marathon Trials ... had one of the greatest high school careers of any prep in history, setting national high school records in the 1500-meters and 1600-meters ... qualified for the 2008 U.S. Olympic Trials in the 1500m, and reached the semifinals where she placed 18th overall in 4:20.00 ... named the 2008 Gatorade California Track Athlete of the year, the 2007 LA Times Track and Field Athlete of the Year, and the Orange County Register Female Athlete of the year for 2007 and 2008 ... won her third consecutive 1600m state title in 2008, the first ever athlete to three-peat, and won her final title in a National Federation of High Schools record time of 4:33.82 ... qualified for the Olympic Trials by running a 4:16.42 1500m PR, breaking the national high school record that had stood for 26 years ... was undefeated in her final two years of cross country, winning the California Division II state title both years, after finishing runner-up as a sophomore ... Team MVP from 2006-2008 ... graduated with a 4.0 GPA.

PERSONAL BEST TIMES:

800m - 2:09 1500m - 4:16.62 1600m - 4:33.82 3200m - 10:04 5000m (XC) - 17:03



Christine Babcock set national high school records in the 1500m and 1600m, and reached the semifinals of the 2008 U.S. Olympic Trials in the 1500m.

MEET THE HUSKIES • Newcomers

KAYLA EVANS

STATE 4A RUNNER-UP

Гасота, Wash. • Bellarmine Prep

Freshman



METCALF ON EVANS:

"One of the best distance runners in the state last year, Kayla was part of one of the finest programs in Washington. It says something about Washington when an individual of Kayla's academic and athletic prowess chooses this university."

HIGH SCHOOL AND PERSONAL:

Born in Federal Way, Washington ... parents are Shawn and Raymond Evans ... has one younger brother, Kevin ... one of the top runners in the state of Washington as a senior, placing second at the Washington 4A state cross country meet, and taking 5th in the 1600m and 10th in the 3200m on the track ... as a junior finished 4th in cross country, and 7th in the 3200m ... two-time Nike BorderClash competitor, placing 7th in 2006 and 3rd in 2007 ... finished 19th at the 2007 Footlocker West Regional cross country run ... West Central District XC champion in 2007 ... led team to state track title her senior year ... high school valedictorian with a 4.0 GPA and a scholar athlete as a senior ... enrolled in honors program at UW.

PERSONAL BEST TIMES:

Kayla Evans was the Washington State 4A Runner-Up in cross country in 2007, leading Bellarmine Prep to the state title. She twice finished in the Top-10 at the Nike BorderClash, including taking 3rd in 2007.

EMILIE FRULAND

verett. Wash. • Jackson HS

Freshman



METCALF ON FRULAND:

"Emilie comes to us from a local high school that has experienced great team success recently. Relatively untapped as a runner, we look forward to her progress in coming years."

HIGH SCHOOL AND PERSONAL:

Born in Oxnard, California ... mother is Ellen Fruland, father Tom Fruland passed away ... has one younger sister, Kelsey ... finished 8th in WesCo cross country meet, and 20th in the district meet as a senior, earning WesCo South 2nd team honors ... earned team's Most Inspirational honors her senior year ... a team captain her junior and senior years ... senior track season was cut short by a knee injury ... prior to injury, finished 2nd in the 800-meters at the WesCo meet and was named to the league second team ... school-record holder in the 1600m and class record-holder for the 800m.

PERSONAL BEST TIMES:

400m - 1:02 800m - 2:21 1600m - 5:15

COURTNEY LIGHTFOOT

Oak Park, Calif. • Oak Park HS

Freshmai



METCALF ON LIGHTFOOT:

"Courtney is bursting with great potential as a person and as a runner. The coaching staff is excited to see how she can build upon the successes of her high school career as a Husky."

HIGH SCHOOL AND PERSONAL:

Born in Tarzana, California ... parents are Christina and Chip Lightfoot ... has one younger brother, Conrad, and younger sisters Kelsey and Kinsey ... two-time Tri-Valley League cross country champion and runner of the year ... finished third at state as a sophomore in 2005, leading Oak Park to a 2nd-place finish ... competed at Nike Team Nationals in 2005, placing 36th overall as her team took 12th ... missed junior season with an ankle injury, but came back as a senior to win the league title once again and place 10th at state ... a nine-time league champion on the track, and the Ventura County 1600m champion as a senior ... cross country team placed in the top-three at state all three years she competed ... inducted into the Ventura County Sports Hall of Fame as Oak Park's Athlete of the Year.

PERSONAL BEST TIMES:

Newcomers • MEET THE HUSKIES

ALLISON LINNELL PREPALL-AMERICAN

Colts Neck, N.J. • Marine Academy of Science & Technology Freshman



METCALF ON LINNELL:

"This spring Allison blossomed into an outstanding distance runner on the track. Already having some success in the mile and the steeplechase as a prepster, we anticipate her becoming a real factor in cross country and on the track."

HIGH SCHOOL AND PERSONAL:

Born in Red Bank, New Jersey ... parents are Susan and Scott Linnell ... has one younger sister, Erica ... attended high school at the Marine Academy of Science and Technology but competed for Colts Neck High School ... a prep All-American in the mile, 4x1-mile relay, and 2000m steeplechase ... competed at Nike Outdoor Nationals on three occasions, placing 5th in the steeple in 2008 and 13th in 2007 ... won the National Scholastic Indoor Championships on two occasions with the 4x1 mile relay ... as a senior, placed 17th in the Group IV cross country state championships, and 24th in the Meet of Champions ... was first team all-district, all-county, and all-conference as a senior ... state champ in the 1600m as a senior and was named Jersey Shore Athlete of the Year as well as first team All-State ... helped 2006 cross country team to the state title, then the team placed 4th at Nike Team Nationals ... also competes in triathlons, having won the 2007 New Jersey State Triathlon, and placing 6th in the 2008 SheROX Philadelphia Triathlon ... interested in majoring in and professions in marine biology.

PERSONAL BEST TIMES:



Kendra Schaaf placed 20th at the 2008 World Junior Cross Country Championships held in Edinburgh, Scotland, pictured here. She was the top finisher for Team Canada.

ADRIENNE MCGUIRK

OREGON 6A STATE CHAMPION

Lake Oswego, Ore. • Jesuit HS

Freshman



METCALF ON McGUIRK:

"Arguably the finest senior distance runner in the state of Oregon, Adrienne comes from a great high school program. She is really filled with wonderful mental and physical abilities that will help our team presently and well into the future."

HIGH SCHOOL AND PERSONAL:

Born in Portland, Oregon ... parents are Susan Brim and Thomas McGuirk ... has two younger brothers, Parker and Hunter ... is the fifth generation of her family to attend UW ... aunt, Elizabeth Snodgrass competed in the Olympic Marathon Trials in 1988 ... was the Oregon 6A state champion in the 3000m as a senior, and placed 2nd in the 1500m ... runner-up at the state cross country meet as a senior, and was 5th her junior year ... first team All-State in cross country and track in her final season ... cross country team captured Oregon state title every year she was on the team ... Jesuit won state track title her senior year ... won the 2007 Adidas Classic cross country run ...placed 10th at the 2007 BorderClash, the No. 2 finisher for Oregon ... won the Oregon School Activity Association Award for Senior Sportsmanship and Integrity in 2008 ... named the 2007 Nike Prefontaine Prep Long Distance Runner of the Year ... a three-time participant in the Nike Team Nationals ... interested in nursing and physical therapy.

PERSONAL BEST TIMES:

KENDRA SCHAAF

JUNIOR NATIONAL XC CHAMPION

Craven Saskatchewan • Lumsden H

Freshman



METCALF ON SCHAAF:

"Kendra is a gifted athlete in many respects. Along with incredible physical ability, Kendra possesses an uncanny intuition about the sport, due to the coaching she received as a standout in Canada. We anticipate great things for her at UW."

HIGH SCHOOL AND PERSONAL:

Born in Regina, Saskatchewan, Canada ... parents are Gale and Brian Schaaf ... has one older brother, Jared ... competed for the Queen City Striders Track Club ... Canada's top junior distance runner in 2008 ... won the Canadian Junior Cross Country Championships in 2007 ... placed 20th overall at the 2008 World Junior Cross Country Championships in Scotland, the top finisher for Team Canada ... placed 7th in the 5000-meters at the World Junior Track and Field Championships in Poland, and finished 13th in the 1500-meters ... won the junior women's 4K at the 2008 NACAC Cross Country Championships, leading Canada to the title over the U.S. ... swept provincial titles her junior and senior years, winning the cross country titles as well as winning the 800m, 1500m, and 3000m runs on the track both years, setting numerous provincial records ... finished 2nd in the 5K at the Victoria International Track Classic, running a personal-best of 16:05 ... won the 1500m at the Harry Jerome meet in 4:20, a personal best ... was 3rd in the 3K at 2008 Canadian Junior Nationals, and 4th in the 1500m ... interested in environmental engineering.

PERSONAL BEST TIMES: